



**All items should be clearly marked with your name!**

Please note that personal items (including valuables) are not covered by the Scout Association insurance policy and should be covered by family insurance or special insurance.

| PHASE 1 LUGGAGE |                                                                                                                         |  |
|-----------------|-------------------------------------------------------------------------------------------------------------------------|--|
| 1x              | Your choice of luggage - Tramping Pack   Soft Easy to Carry Luggage   Suitcase                                          |  |
| 1x              | Day pack, light weight bag (not a single shoulder bag style) large enough to carry lunch, drink bottle and small towel) |  |
|                 | Dry Bags or Large Plastic bags for dirty gear                                                                           |  |

| PHASE 1 SLEEPING |                               |  |
|------------------|-------------------------------|--|
| 1x               | Stretcher or Sleeping Mat     |  |
| 1x               | Sleeping Bag                  |  |
| 1x               | Sleeping Bag Liner (Optional) |  |
| 1x               | Pillow (with pillow case)     |  |
| 1x               | Blanket (Optional)            |  |

| PHASE 1 FOOTWEAR |                                       |  |
|------------------|---------------------------------------|--|
| 1x               | Sneakers                              |  |
| 1x               | Indoor footwear - Slippers or jandals |  |

**PHASE 1 REQUIRED CLOTHING (recommended minimum amounts)**

|    |                                                   |  |
|----|---------------------------------------------------|--|
| 1x | Warm woollen Jumper or Fleece Jacket              |  |
| 2x | Thermal set - Tops and Pants                      |  |
| 2x | Long trousers / Trackpants                        |  |
| 3x | Shorts (consider quick dry material)              |  |
| 4x | Tshirts (consider quick dry material)             |  |
| 2x | Long Sleeved Shirt                                |  |
| 5x | Socks - Preferably woollen, No cotton ankle socks |  |
| 5x | Underwear                                         |  |
| 1x | Pyjamas / Sleeping Attire                         |  |
| 1x | Sunhat                                            |  |
| 1x | Sunglasses                                        |  |
| 1x | Swimming Togs                                     |  |

**PHASE 1 EXTREME WEATHER**

|    |                                     |  |
|----|-------------------------------------|--|
| 1x | Rain Coat (Seamsealed)              |  |
| 1x | Waterproof over trousers (Optional) |  |
| 1x | Beanie (Optional)                   |  |
| 1x | Thermal Gloves (Optional)           |  |

**PHASE 1 PERSONAL ITEMS - TECH**

|    |                                                           |  |
|----|-----------------------------------------------------------|--|
| 1x | Head Lamp                                                 |  |
| 1x | Spare Batteries                                           |  |
| 1x | Phone (highly recommended and should have data available) |  |
| 1x | Charging Cable                                            |  |
| 1x | Battery Pack (Optional)                                   |  |
| 1x | Camera (Optional)                                         |  |

**PHASE 1 PERSONAL ITEMS - BATHROOM**

|    |                                                                  |  |
|----|------------------------------------------------------------------|--|
| 1x | Medications (Clearly named and with administration instructions) |  |
| 1x | Personal First Aid Kit (including a survival blanket)            |  |
| 1x | Tooth brush and Tooth paste                                      |  |
| 1x | Deodorant                                                        |  |
| 1x | Shampoo   Conditioner   Bodywash or Soap                         |  |
| 1x | Insect Repellent                                                 |  |
| 1x | Sunscreen (SPF 50+)                                              |  |
| 1x | Towel                                                            |  |
|    | Sanitary products if required and bags for disposal              |  |

**PHASE 1 PERSONAL ITEMS - FOOD RELATED**

|    |                                                                       |  |
|----|-----------------------------------------------------------------------|--|
| 1x | Camping Plate, Bowl, Cup, Fork, Knife, Spoon                          |  |
| 1x | Ditti Bag (used for holding all your plates etc - could be a dry bag) |  |
| 1x | Tea towel                                                             |  |
| 1x | Drink Bottle or camel back - minimum 750ml capacity                   |  |
| 1x | Lunchbox (Optional)                                                   |  |
| 1x | Packed Lunch for the first day or money to buy food at Tākina         |  |

**PHASE 1 OPTIONAL EXTRAS**

|    |                                      |  |
|----|--------------------------------------|--|
| 1x | Tissues                              |  |
| 1x | Lip Balm                             |  |
| 1x | Pack of cards or a small game        |  |
| 1x | Spending Money - Eftpos card or cash |  |

**PHASE 1 EXPEDITION SPECIFIC**

|    |                                               |  |
|----|-----------------------------------------------|--|
| 1x | Small Towel for drying off and wiping mud off |  |
| 1x | Bike gloves                                   |  |
| 1x | Bike Shorts                                   |  |

**Phase 2 gear** If you can't fit everything into your Phase 1 luggage then there is an option to pack a second bag that needs to be well named and check this in on Level 1 on launch day, where it will be taken to Brookfield, ready for you to collect at Phase 2.

| PHASE TWO |                                                                                                                 |  |
|-----------|-----------------------------------------------------------------------------------------------------------------|--|
| 1x        | Camping Tent ( <b>See <a href="https://venture.scouts.nz/tenting">venture.scouts.nz/tenting</a> for specs</b> ) |  |
| 1x        | Sneakers or Urban shoes                                                                                         |  |
| 1x        | Extra T-Shirts, Shorts, Pants                                                                                   |  |
| 1x        | Extra Swimming Togs (Optional)                                                                                  |  |
| 1x        | Costumes for themes (Rock the Block, Dystopia, Lost Realms, Wild West, Neon - Optional)                         |  |
| 1x        | Net Laundry Bag (Optional)                                                                                      |  |
| 1x        | Washing powder (Optional - If you wish to wash clothes onsite)                                                  |  |
| 1x        | Clothes Pegs (Optional)                                                                                         |  |
| 1x        | Washing line cord or paracord (Optional)                                                                        |  |
| 1x        | Folding camp chair (Optional)                                                                                   |  |
| 1x        | Spending Money - Eftpos card or cash                                                                            |  |

| PLEASE LEAVE AT HOME |
|----------------------|
| Drones               |
| Scout Uniforms       |

If you have any questions please get in touch by **BAND** or by emailing [ex.gearup@venture.scouts.nz](mailto:ex.gearup@venture.scouts.nz)