

HIKE QUEEN CHARLOTTE

GEAR LIST



All items should be clearly marked with your name!

Please note that personal items (including valuables) are not covered by the Scout Association insurance policy and should be covered by family insurance or special insurance.

PHASE 1 LUGGAGE

1x	Tramping Pack (*See notes below)	
1x	Pack Liner	
	Dry Bags	
	Plastic bags or dry bags for wet / soiled clothing	

PHASE 1 SLEEPING

1x	Hiking Tent - 1 per person (*See notes below)	
1x	Sleeping Bag (good quality - it can get quite cold at night)	
1x	Sleeping Bag Liner	
1x	Sleeping Mat	
1x	Ground Sheet - Optional	

PHASE 1 FOOTWEAR

1x	Tramping Boots (Pre- Broken in)	
1x	Tramping Socks (Will be worth it - recommend wool or Polyester)	
1x	Spare shoes - Sneakers or track shoes	

PHASE 1 REQUIRED CLOTHING (recommended minimum amounts)

1x	Warm woollen Jumper or Fleece Jacket	
2x	Thermal set - Tops and Pants	
1x	Bush Shirt - Polar fleece or similar	
1x	Long trousers (no jeans or cotton)	
2x	Shorts (consider quick dry material)	
2x	T-Shirts (Consider quick dry material)	
1x	Long Sleeved Shirt	
2x	Socks - Preferably woollen, No cotton ankle socks	
2x	Underwear	
1x	Pyjamas / Sleeping Attire	
1x	Swimming togs	
1x	Sunhat (Recommended wide brim)	

PHASE 1 EXTREME WEATHER

1x	Rain Coat (Seamsealed)	
1x	Waterproof over trousers (Optional)	
1x	Beanie	
1x	Thermal Gloves (Optional)	

PHASE 1 PERSONAL ITEMS - TECH

1x	Head Lamp	
1x	Spare Batteries	
1x	Phone (highly recommended and should have data available) - Limited charging - see notes below *)	
1x	Charging Cable	
1x	Battery Pack (Optional)	
1x	Camera (Optional)	

PHASE 1 PERSONAL ITEMS - BATHROOM

1x	Medications (Clearly named and with administration instructions)	
1x	Personal First Aid Kit (including antihistamine, pain relief, a survival blanket, blister kit and whistle)	
1x	Tooth brush and Tooth paste	
1x	Roll on or Stick Deodorant	
1x	Toilet Gear - Roll of Toilet paper and hand soap	
1x	Insect Repellent	
1x	Sunscreen (SPF 25+)	
1x	Small towel	
	Sanitary products if required and bags for disposal	

PHASE 1 PERSONAL ITEMS - FOOD RELATED

1x	Camping Plate, Bowl, Cup, Fork, Knife, Spoon	
1x	Ditti Bag (used for holding all your plates etc - could be a dry bag)	
1x	Tea towel	
1x	Drink Bottle/s or bladder minimum 2L - 3L capacity total (One can be collapsible if you wish)	
	Zip lock bags - various sizes	
	Hydration electrolyte powder e.g Thorzt, Vitasport, Sqwinchers	
	Scroggin of your choice for trail	
1x	Packed Lunch for the first day or money to buy food at Tākina	

PHASE 1 OPTIONAL EXTRAS

1x	Tissues	
1x	Lip Balm	
1x	Pack of cards or a small game	
1x	Sunglasses	
1x	Spending Money	

PHASE 1 EXPEDITION SPECIFIC		
1x	Pocket Knife (Optional)	
1x	Walking Poles (Optional)	
1x	Rainproof pack cover (Optional)	

Phase 2 gear can be packed in a separate bag, before arriving at Launch day at AdVenture'26, this will be taken to Brookfield, while you are on your expedition. Please pack your Phase 2 gear into **one bag**. You will need to check this in at the designated location on Level 1 on launch day.

PHASE TWO		
1x	Camping Tent (See venture.scouts.nz/tenting for specs) - if you don't want to use the hiker tent from the tramp	
1x	Suitcase/Trolley bag / Sports Bag (If you are leaving gear for Phase 2 on Launch Day)	
1x	A stretcher (Optional)	
1x	Pillow (with pillow case - Optional)	
1x	Day pack, light weight bag	
1x	Blanket (Optional)	
1x	Sneakers or Urban shoes	
1x	Jandals/scuffs/thongs (whatever you call them)	
1x	Beach feet (Optional)	
	Extra T-Shirts, Shorts, Pants	
1x	Gumboots (Optional)	
1x	Swimming Togs (Extra pair - Optional)	
1x	Showering Towel	
1x	Shampoo and Conditioner	
1x	Costumes for themes (Rock the Block, Dystopia, Lost Realms, Wild West, Neon)	
1x	Washing powder (Optional - If you wish to wash clothes onsite)	
1x	Washing line cord or paracord and pegs (Optional)	
1x	Net laundry bag (Optional - to keep your washing together)	
1x	Folding camp chair (Optional)	
1x	Lunchbox (Optional)	

1x	Spending Money - Eftpos card or cash	
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PLEASE LEAVE AT HOME

Drones

Scout Uniforms

NOTES:

TRAMPING PACKS

Large enough for your gear with some space for some unit gear/food etc. If you do not have your own Pack, **please let me know ASAP.**

For tramping, an optimal backpack weight is generally around 20% of your body weight for multi-day hikes, and no more than 10% for day hikes. This is a guideline, and individual fitness and trip specifics can influence the ideal weight. For example, a 70kg person should aim for a pack under 14kg for multi-day hikes and under 7kg for day hikes. A base weight (excluding food and water) under 9 kg is considered lightweight and anything under 4.5 kg is ultra-light, [according to Beyond Nordic](#).

HIKER TENTS

If you or your Scout group do not have a Hike tent, **please let me know ASAP.**

HIKER COOKERS

Suitable to fit Isobutane/Propane Canisters e.g. Jetboil Gas canisters provided by Venture.

CLOTHING

Minimum One set of clothes to walk in and another set to change into at night.

DEVICES - PHONES/CAMERAS

If you wish to bring devices, you can.

It is your responsibility to look after them and keep them secure.

There will be nowhere to charge your phones etc while hiking Queen Charlotte and there is only limited charging the first and last nights via mains power.

WEATHER EXPECTATIONS

While it will be the middle of summer and the days are likely to be hot, it is likely to be cooler during the nights. Please remember this when packing

OTHER INFORMATION

We will have a locator beacon with us throughout the expedition, and a basic first aid kit. Water purifying tablets will also be provided by Venture.

DON'T HAVE GEAR?

If you require any gear, can you please let me know as soon as possible as I will need to source this for you.

Email: ex.hikequeencharlotte@venture.scouts.nz