



SOUNDS EXPLORER

GEAR LIST



All items should be clearly marked with your name!

Please note that personal items (including valuables) are not covered by the Scout Association insurance policy and should be covered by family insurance or special insurance.

LUGGAGE

1x	Tramping Pack or Soft Sports Bag (Easy to carry)	
1x	Day Pack (No Single Shoulder bags - best to have waist strap if possible)	
	Tramping Pack cover (Optional)	
	Large Plastic bags or dry bags for wet / soiled clothing	

SLEEPING

1x	Camping Tent (See venture.scouts.nz/tenting for specs) - Needs to be carriable	
1x	Foam or inflatable sleeping mat	
1x	Sleeping Bag (good quality - it can get quite cold at night)	
1x	Sleeping Bag Liner - Optional	

EXTREME WEATHER

1x	Rain Coat (Seamsealed) - Light weight for Kayaking	
1x	Waterproof over trousers (Optional)	
1x	Beanie	

REQUIRED CLOTHING (recommended amounts)

1x	Thermal set - Long sleeved tops and Pants	
1x	Warm woollen Jumper or Fleece Jacket	
1x	Long trousers or trackpants	
3x	Shorts (Quick dry if possible)	
4x	T-Shirts (Quick dry if possible)	
1x	Long Sleeved Shirt	
5x	Socks (2 pairs for tramping)	
5x	Underwear	
1x	Gloves (optional)	
1x	Pyjamas / Sleeping Attire	
1x	Sunhat	
1x	Sunglasses	
1x	Swimming togs	

FOOTWEAR

1x	Tramping Boots or sturdy walking shoes	
1x	Jandals/scuffs/thongs (whatever you call them) - Optional	

PERSONAL ITEMS - TECH

1x	Headlamp or torch	
1x	Spare Batteries	
1x	Phone (highly recommended and should have data available) Limited charging - see notes below *)	
1x	Charging Cable	
1x	Battery Pack (optional)	
1x	Camera (optional)	
1x	Spending money/Eftpos Card (Optional)	

PERSONAL ITEMS - BATHROOM

1x	Medications (Clearly named and with administration instructions)	
1x	Personal First Aid Kit (including a survival blanket and whistle)	
1x	Tooth brush and Tooth paste	
1x	Deodorant	
1x	Shampoo / Conditioner	
1x	Soap / Body Wash	
1x	Insect Repellent (optional but recommended)	
1x	Sunscreen (SPF 50+)	
1x	Lipbalm (Consider SPF+)	
2x	Towel	
	Sanitary products if required	

PERSONAL ITEMS - FOOD RELATED

1x	Camping Plate, Bowl, Cup, Fork, Knife, Spoon	
1x	Ditti Bag (used for holding all your plates etc)	
1x	Drink Bottle minimum 1 Litre Minimum	
1x	Tea towel	
1x	Packed Lunch for the first day or money to buy food at Tākina	
1x	Lunch Box (Optional)	

OPTIONAL EXTRAS

1x	Tissues	
1x	Pack of cards or a small game	

EXPEDITION SPECIFIC

1x	Pocket Knife (Optional)	
1x	Beach feet or sneakers for Kayaking	

PHASE TWO

1x	Extra T-Shirts, Shorts, Pants	
1x	Extra Swimming Togs - Optional	
1x	Costumes for themes (Rock the Block, Dystopia, Lost Realms, Wild West, Neon) - Optional	
1x	Spending Money - eftpos card or cash	
1x	Washing powder - Optional - If you wish to wash clothes onsite	
1x	Clothes Pegs - Optional	
1x	Washing line cord or paracord - Optional	
1x	Folding camp chair - Optional	
1x	Pillow with pillow case - Optional	
1x	Blanket - Optional	

PLEASE LEAVE AT HOME

Drones

Your Scout Uniform

DEVICES - PHONES/CAMERAS

If you wish to bring devices, you can.

It is your responsibility to look after them and keep them secure.

There will be nowhere to charge your phones etc while on expedition and there is only limited charging the first and last nights via mains power.

If you have any questions please get in touch by **BAND**
or by emailing ex.soundsexplorer@venture.scouts.nz